MAN DOWN

WE SUPPORT MALE MENTAL HEALTH IN LINCOLNSHIRE

Let's talk about !t

TALKING MEETINGS
FORTNIGHTLY ON FRIDAYS
7PM START

RIVERSIDE CHURCH, SOUTHGATE,
SLEAFORD, LINCOLNSHIRE,
NG34 7RY

MANDOWN-UK.CO.UK

WE ARE CONFIDENTIAL
WE ARE SUPPORTIVE
WE DO NOT JUDGE

YOU CAN LISTEN
YOU CAN SHARE

YOU ARE SAFE

Let's talk about !t

MAN DOWN PROVIDES INFORMAL TALKING GROUP MEETINGS IN SAFE VENUES FOR MEN (18+) WITH MENTAL HEALTH CONCERNS

CHECK OUR WEBSITE FOR INFO, DATES & LOCATIONS

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